

Residential Sample Programme for 40 Students
Teambuilding Multi Activity

School/Group:			
CL in charge			
Inst.			
Mon	Arrive, Unpack, Briefing Tour of Mill on the Brue Welcome in the Longhouse Fire Practice		
11:00			
12:30	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>
	Otters	Magpies	Swallows
01:30	<i>Icebreakers</i>	<i>Icebreakers</i>	<i>Icebreakers</i>
02:00	Great Wall	Canoeing	Challenge Track 1
03:00	Assault Course		Great Wall
04:30	<i>Tea</i>	<i>4.00 Tea</i>	<i>4.00 Tea</i>
05:00	Leap of Faith	4.30 Great Wall/CT 1	Canoeing
06:30	<i>Supper</i>	<i>Supper</i>	<i>Supper</i>
07:30	Evening Activities	Evening Activities	Evening Activities
	<i>Cocoa</i>	<i>Cocoa</i>	<i>Cocoa</i>
Tues	Otters	Magpies	Swallows
08:00	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>
09:00	Rifle Shooting	Tunnelling	Tunnelling
10:30	<i>Break</i>	<i>Break</i>	<i>Break</i>
11:00	Tunnelling	Leap of faith	Nightline
12:30	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>
01:30	Archery	High All Aboard	Leap of Faith
03:00	Crate Stack	Assault Course	Raft building
04:30	<i>Tea</i>	<i>Tea</i>	<i>Tea</i>
05:00	Nightline	Archery	Zip Wire
06:30	<i>Supper</i>	<i>Supper</i>	<i>Supper</i>
07:30	Activities with MoB	Activities with MoB	Activities with MoB
	<i>Cocoa</i>	<i>Cocoa</i>	<i>Cocoa</i>
Wed	Otters	Magpies	Swallows
08:00	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>
09:00	Canoeing	Tunnelling	Tunnelling
10:30	<i>11.00 am Break</i>	<i>Break</i>	<i>Break</i>
11:00	Challenge Track 1	Nightline	Crate Stack
12:30	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>
01:30	High All Aboard	Zip Wire	Assault Course
03:00	Tunnelling	Crate Stack	Archery
04:30	<i>Tea</i>	<i>Tea</i>	<i>Tea</i>
05:00	Assault Course Race	Assault Course Race	Assault Course Race
06:30	<i>Supper</i>	<i>Supper</i>	<i>Supper</i>
07:30	Evening Activities	Evening Activities	Evening Activities
	<i>Cocoa</i>	<i>Cocoa</i>	<i>Cocoa</i>
Thurs	Otters	Magpies	Swallows
08:00	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>
09:00	Challenge Track 4	Challenge Track 4	Challenge Track 4
10:30	<i>Break</i>	<i>Break</i>	<i>Break</i>
11:00	Survival Game	Survival Game	Survival Game
12:30	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>
01:30	Raft building	Rifle Shooting	High All Aboard
03:00	Zip Wire	Raft building	Rifle Shooting
04:30	<i>Tea</i>	<i>Tea</i>	<i>Tea</i>
05:00	Crazy Olympics	Crazy Olympics	Crazy Olympics
06:30	<i>Supper</i>	<i>Supper</i>	<i>Supper</i>
07:30	Souvenir shop & Disco	Souvenir shop & Disco	Souvenir shop & Disco
	Drinks	Drinks	Drinks
Fri	Otters	Magpies	Swallows
08:00	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>
09:30	Farewells	Farewells	Farewells
10:00	Coach Departs	Coach Departs	Coach Departs

Date:

Lunch
Squirrels
<i>Icebreakers</i>
Tunnelling
Challenge Track 1
Tea
Zip Wire
Supper
Evening Activities
<i>Cocoa</i>
Squirrels
Breakfast
Great Wall
10.00 Break
Canoeing
Lunch
Rifle Shooting
Nightline
Tea
High All Aboard
Supper
Activities with MoB
<i>Cocoa</i>
Squirrels
Breakfast
Raft building
Break
Crate Stack
Lunch
Leap of Faith
Assault Course
Tea
Assault Course Race
Supper
Evening Activities
<i>Cocoa</i>
Squirrels
Breakfast
Challenge Track 4
Break
Survival Game
Lunch
Archery
Tunnelling
Tea
Crazy Olympics
Supper
Souvenir shop & Disco
Drinks
Squirrels
Breakfast
Farewells
Coach Departs

Mid Week Residential Programme

School/Group:

Date:

SI in Charge

**Group
Instructor:**

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09:30 Arrive and Welcome in the Day Visit Barn				
	Herons	Woodpecker	Finches	Sparrows
09:45				
11:15				
12:30	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>
01:30				
02:30				
03:45	<i>Depart</i>	<i>Depart</i>	<i>Depart</i>	<i>Depart</i>

Mid Week Residential Programme