

Somerset's award winning outdoor activity centre.



MILL ON THE BRUE
outdoor activity centre

Bruton, Somerset BA10 0BA 01749 812 307
www.millonthebrue.co.uk



Welcome to Mill on the Brue – an outstanding outdoor activity centre

The Outdoors is a great leveller and a fascinating tutor. Used imaginatively the experience can enable a far greater understanding of ourselves and others and achieve lasting change which can be profound.

With a background in the outdoors, both personally and professionally, as well as training and counselling, we believe there is a hidden potential in each person who visits.

Our single purpose is to provide you with the most rewarding outdoor experience you have ever had, in an exciting and enjoyable environment.

Why come to Mill on the Brue?

We have everything in place to build a team. We can concentrate on soft or hard skills which are both invaluable when you bring this back to your workplace.

Shared experiences are paramount when building a team.

At Mill on the Brue we provide Corporate Days/stays which challenge individuals whilst having fun, build team spirit and

pull together a happy and productive workforce going back to your place of work.

The benefits of Teambuilding in the Outdoors allow your colleagues to come together and challenge them accordingly to what your aim and objectives may be.

Team building can:

- Develop trust between co-workers whilst under pressure
- Problem solving and thinking skills, co-operation and communication will be very much needed
- Push boundaries, to develop confidence in task-based situations
- Time keeping, learn how to plan, complete and reflect on tasks
- Manage to identify people's strengths and weaknesses

Apprentices:

We have had Nationally recognised companies coming to Mill on the Brue to help with getting to know and mould their future work force.

When they come to our centre they learn key skills such as Leadership, how to work in a team, what is a team, how to work well under pressure as well learning a lot about themselves.

Tasks are designed to help the apprentices think about forward planning, time keeping, building resilience whilst having lots of fun. We design courses around your aims and objectives and look at pushing the Apprentices to think about how they will work to the best of their ability in your company.



Inspiring others through our
love of the Outdoors



Mill on the Brue:

our award-winning outdoor activity centre, founded in 1982, is a family run, not-for-profit educational organisation. Situated in its own 25 acres of fields, woods and river valley, just outside the little town of Bruton, the centre comprises of a comfortable Victorian farmhouse, with converted barns and wooden Garden Cabin dorms. Extra accommodation for May 2022 is Rivermead which is a newly renovated house which sleeps 33. There is also an environmentally built dining room & kitchen, called The Longhouse.

The centre is open all year and we can accommodate up to 100 adults. We also run Management Day Courses, team building or just fun days out for your company. With over 40 outdoor activities to choose from we can tailor make your programme to meet the requirements of your group.

All year round



Parties coming for the day (minimum 10 people) or a residential (minimum 25 people) may do 4 or 5 activities from the list below. Choose activities to match your length of stay. This can be discussed when you phone or email through your requirements. The activities are a mix of personal skills, self-development and problem solving.

All of our activities have been designed and thought through to promote **teambuilding**. The Teambuilding activities have the advantage of building and growing stronger teams without them even realising it, (they will be having so much fun) promote problem solving, increase innovation, thinking outside the box, employee collaboration, develop communication within the team and we hope instil happiness.

Outdoor Pursuits can really help people at work spend more time in nature and the natural light which can improve people's moods and reduce stress. Engaging in physical activities can relax people throughout your stay. Another advantage of trying physical activities it will improve individuals self-esteem which is invaluable for a company.

We have put the activities we do at Mill on the Brue into two categories, the third column gives you an example of a fun work day out. You can choose what you would like to do from this list. You can mix and match as you please.

Teambuilding	Outdoor Pursuits	Mud, soak and rope
Assault Course Problem Solving Team tasks Communication Tasks Tunnelling Crossing the River Find the Pilot Rafting Bridge Build Trebuchet Gun Run Nightline	Archery Axe Throwing Canoeing (Open) Climbing Tower Quick Flight High Ropes Air Rifle Shooting Zip Wire Off-site Expedition ½ a day Off-site Climbing ½ a day Caving (external provider)	Mud: Assault Course Tunnelling Soak: Rafting River Crossing Rope: High Ropes (1 element) Climbing

We always write a programme to suit your individual requirements. Please email office@millonthebrue.co.uk at least four weeks before your visit, in order to discuss the activities and your aim for the trip; we will then develop a programme to match your requirements.



Adult (fun) Group Prices 2023

Minimum group size: 25 adults for a weekend or 10 adults for half and full day visits

Prices per person

per hour £ 24.00

per half day £ 55.00 for 2.5 hrs of activities

per full day £ 101.00 for 5 hrs of activities + 2 course lunch

per weekend £250.00 for bunk-bedded accommodation, full board, all activities on-site, specialist equipment and outdoor instruction.

5pm Friday - 5pm Sunday

Activities and Outdoor Pursuits for 2023

Your programme can be as varied and as full as you wish. Each programme is written specifically for the group and the activities take from one hour to two hours plus. It very much depends on the age and fitness of the participants, and whether the party organiser wishes to go off-site or not. Some of the activities are self-explanatory, some need to be described more fully.

New High Ropes - 40 feet high course with various elements which can be combined or run separately according to your programme. The elements are a mix of self-development, personal challenge, team building and just plain fun! Pirates Plank, Leap of Faith, Crate Stack and Gladiator Wall. While some are tackling these elements the rest of the group are belaying.

Night Tasks - *Find the Pilot, Royal Visit* and more.

All tasks undertaken around and off the Centre at night involving communication, leadership, problem solving and decision making in strange surroundings.

Zuper Zip Wire - 300 yards across the river valley at a height of 20/30 feet. The adrenaline runs fast and furious as you step off into space and travel down the wire in under 20 seconds.

Raft Building and Racing - hilarious activity which invariably ends with at least one raft disintegrating!

Tunnelling – 100 metres of crawling through pipes and chambers. A variety of tasks built in, including rescuing a casualty.



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Where to find us

Mill on the Brue is in Bruton, Somerset. Only 2.5 hours from West London via M3 and A303; Bath and Bristol one hour. Main railway line: Castle Cary, 4 miles. Bruton station: Bristol to Weymouth line. Nearest airport: Bristol, 45 minutes away.



Mill on the Brue is a founder member of the British Activity Providers Association, and member of the Institute for Outdoor Learning, and Activities Industry Mutual. Licensed by the Adventure Activities Licensing Authority for climbing, watersports, mountaineering, hill walking, L14893/R0301.

