

**Residential Sample Programme for 40 Students  
Teambuilding Multi Activity**

School/Group:				<b>Date:</b>
CL in charge				
Inst.				
<b>Mon</b>	<div style="border: 1px solid black; padding: 10px; background-color: #e0e0e0;"> <p style="text-align: center;"><b>Arrive, Unpack, Briefing Tour of Mill on the Brue Welcome in the Longhouse Fire Practice</b></p> </div>			
11:00				
<b>12:30</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
	<b>Otters</b>	<b>Magpies</b>	<b>Swallows</b>	<b>Squirrels</b>
01:30	<i>Icebreakers</i>	<i>Icebreakers</i>	<i>Icebreakers</i>	<i>Icebreakers</i>
02:00	Great Wall	Paddle Power	Challenge Track 1	Sliding and Gliding
03:00	Assault Course		Great Wall	Challenge Track 1
<b>04:30</b>	<b>Tea</b>	<b>4.00 Tea</b>	<b>4.00 Tea</b>	<b>Tea</b>
05:00	Trapeze	4.30 Great Wall/CT 1	Paddle Power	Zip Wire
<b>06:30</b>	<b>Supper</b>	<b>Supper</b>	<b>Supper</b>	<b>Supper</b>
07:30	Evening Activities	Evening Activities	Evening Activities	Evening Activities
	<i>Cocoa</i>	<i>Cocoa</i>	<i>Cocoa</i>	<i>Cocoa</i>
<b>Tues</b>	<b>Otters</b>	<b>Magpies</b>	<b>Swallows</b>	<b>Squirrels</b>
<b>08:00</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
09:00	Rifle Shooting	Sliding and Gliding	Tunnelling	Great Wall
<b>10:30</b>	<b>Break</b>	<b>Break</b>	<b>Break</b>	<b>10.00 Break</b>
11:00	Tunnelling	Trapeze	Jacobs Ladder	Paddle Power
<b>12:30</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
01:30	Archery	High All Aboard	Trapeze	Rifle Shooting
03:00	Crate Stack	Assault Course	Rafting	Jacobs Ladder
<b>04:30</b>	<b>Tea</b>	<b>Tea</b>	<b>Tea</b>	<b>Tea</b>
05:00	Jacobs Ladder	Archery	Zip Wire	High All Aboard
<b>06:30</b>	<b>Supper</b>	<b>Supper</b>	<b>Supper</b>	<b>Supper</b>
07:30	Activities with MoB	Activities with MoB	Activities with MoB	Activities with MoB
	<i>Cocoa</i>	<i>Cocoa</i>	<i>Cocoa</i>	<i>Cocoa</i>
<b>Wed</b>	<b>Otters</b>	<b>Magpies</b>	<b>Swallows</b>	<b>Squirrels</b>
<b>08:00</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
09:00	Paddle Power	Tunnelling	Sliding and Gliding	Rafting
<b>10:30</b>	<b>11.00 am Break</b>	<b>Break</b>	<b>Break</b>	<b>Break</b>
11:00	Challenge Track 1	Jacobs Ladder	Crate Stack	Crate Stack
<b>12:30</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
01:30	High All Aboard	Zip Wire	Assault Course	Trapeze
03:00	Slide and Glide	Crate Stack	Archery	Assault Course
<b>04:30</b>	<b>Tea</b>	<b>Tea</b>	<b>Tea</b>	<b>Tea</b>
05:00	Assault Course Race	Assault Course Race	Assault Course Race	Assault Course Race
<b>06:30</b>	<b>Supper</b>	<b>Supper</b>	<b>Supper</b>	<b>Supper</b>
07:30	Evening Activities	Evening Activities	Evening Activities	Evening Activities
	<i>Cocoa</i>	<i>Cocoa</i>	<i>Cocoa</i>	<i>Cocoa</i>
<b>Thurs</b>	<b>Otters</b>	<b>Magpies</b>	<b>Swallows</b>	<b>Squirrels</b>
<b>08:00</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
09:00	Challenge Track 4	Challenge Track 4	Challenge Track 4	Challenge Track 4
<b>10:30</b>	<b>Break</b>	<b>Break</b>	<b>Break</b>	<b>Break</b>
11:00	Colony Game	Colony Game	Colony Game	Colony Game
<b>12:30</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
01:30	Rafting	Rifle Shooting	High All Aboard	Archery
03:00	Zip Wire	Rafting	Rifle Shooting	Tunnelling
<b>04:30</b>	<b>Tea</b>	<b>Tea</b>	<b>Tea</b>	<b>Tea</b>
05:00	Crazy Olympics	Crazy Olympics	Crazy Olympics	Crazy Olympics
<b>06:30</b>	<b>Supper</b>	<b>Supper</b>	<b>Supper</b>	<b>Supper</b>
07:30	Tuckshop & Disco	Tuckshop & Disco	Tuckshop & Disco	Tuckshop & Disco
	Drinks	Drinks	Drinks	Drinks
<b>Fri</b>	<b>Otters</b>	<b>Magpies</b>	<b>Swallows</b>	<b>Squirrels</b>
<b>08:00</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
<b>09:30</b>	<b>Farewells</b>	<b>Farewells</b>	<b>Farewells</b>	<b>Farewells</b>
<b>10:00</b>	<b>Coach Departs</b>	<b>Coach Departs</b>	<b>Coach Departs</b>	<b>Coach Departs</b>